

## FORA GLOBAL LOCATIONS



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[forafullcare.com](http://forafullcare.com)

## Blood Pressure Monitoring System

### ACTIVE Series

ACTIVE Series features innovative Morning and Evening Hypertension Detection Technology, which enables the user to take preventative action against stroke and heart attack.

#### ACTIVE plus

( P30 Plus )



#### ACTIVE Wireless plus

( P30 Plus BT )



**Oscillometric and Auscultatory Measurement**



Advanced **AVG** Technologies



**Comfort Cuff** - Wide Range (Medium and Large)



**60 Memory Capacity** with Date & Time (ACTIVE plus only)



**Morning and Evening Hypertension Detection**



Advanced **IRB** Technologies



**Bluetooth Connection** (ACTIVE Wireless plus only)



**200 Memory Capacity** with Date & Time (ACTIVE Wireless plus only)

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## Blood Pressure with Blood Glucose Monitoring System

### DUO ultima Series

ForaCare is the first to provide a 2-in-1 device directly to professionals and consumers. Each device is equipped with advanced IRB and AVG Technologies making the measurements simple and accurate.

#### DUO ultima

( D40a/b/g )



#### Smart Cycling

Automatic cycling blood pressure measurements can be performed on FORA DUO Ultima over a period of 5 hours.

Time interval can be set at every 5 minutes, 10 minutes, 15 minutes, 20 minutes, 30 minutes, 40 minutes, 60 minutes, or deactivated (OFF).

Activation and De-Activation are simple and easy. An auto-cycling measurement can be aborted anytime during the measurement, without de-activating the setup.



Advanced **AVG** Technologies



**Talking** - Voice Guidance (DUO ultima only)



**7, 14, 21, 28, 60, 90 Day Average Display**



**Oscillometric and Auscultatory Measurement** Available



Advanced **IRB** Technologies



**864 Memory Capacity**



**USB / Bluetooth Connection** (DUO ultima only)



**USB & GPRS Connection** (DUO ultima only)

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**FORA®**  
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## Advanced Blood Pressure Monitoring System

Smartly designed with wireless data transmissions



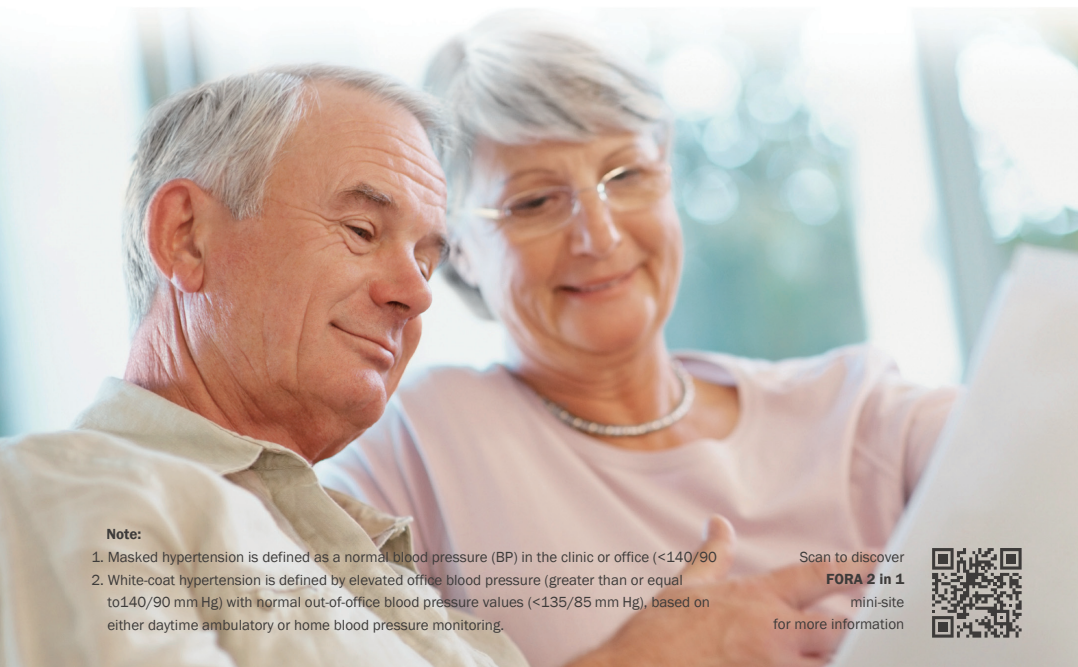


# Hypertension Care

## Better Blood Pressure Management at Home

Measuring and recording blood pressure at home helps patients and doctors track changes in blood pressure over periods of time. Several noteworthy studies have demonstrated that taking isolated office blood pressure is not sufficient. Home measurement to supplement medical office measurement allows medical professionals to more accurately assess a patient's blood pressure and response to medication. Taking **Masked Hypertension**<sup>[1]</sup> and **White-Coat Hypertension**<sup>[2]</sup>, into consideration, the European Society of Hypertension (ESH) guidelines recommend both home and office blood pressure measurements for accurate diagnosis. ESH issued strong guidance recommending a

5-day regimen that includes two blood pressure measurements in the morning (4 a.m.~2 p.m.) and twice in the evening (6 p.m.~12 a.m.). In cases, patients are also advised to use an ambulatory blood pressure monitor track and record daytime and nighttime readings (sleep and waking hours):  
With ForaCare's advanced blood pressure monitoring technology and different modes (auscultatory equipped blood pressure devices), both patients and doctors can now obtain triplicate readings with the push of a single button. The iFORA BP app also connects to the Bluetooth-enabled BPM from ForaCare BPM (Blood Pressure Monitoring).



Note:

1. Masked hypertension is defined as a normal blood pressure (BP) in the clinic or office (<140/90 mmHg) and an elevated blood pressure at home (>135/85 mmHg).
2. White-coat hypertension is defined by elevated office blood pressure (greater than or equal to 140/90 mmHg) with normal out-of-office blood pressure values (<135/85 mmHg), based on either daytime ambulatory or home blood pressure monitoring.

Scan to discover  
**FORA 2 In 1**  
mini-site  
for more information



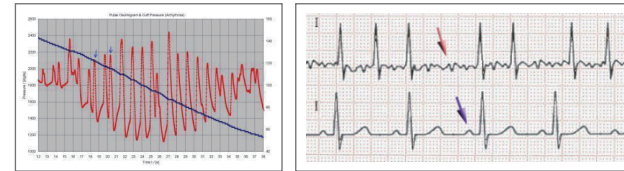
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## Irregular Rapid Beat Technology

The innovative IRB Technology is able to detect pulse irregularities with high precision. It alerts users of any unusual spikes, patterns and trends in advance and may act as early warning signs for users to visit their medical professional for a more detailed follow-up.

### Irregular Heart Rhythm

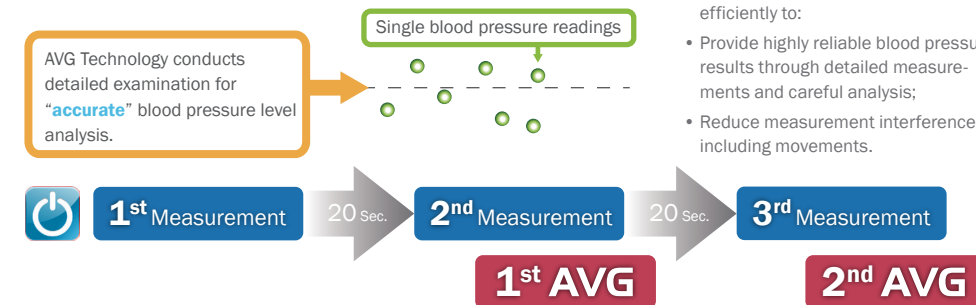


Note: The technologies do not substitute for cardiac examination.



## Automated Averaging Technology

It is a common phenomenon that patients experience a change or fluctuation in their blood pressure when it is measured in a medical office, commonly referred to as **"White-Coat Hypertension"**. ForaCare offers AVG Technology which conducts three measurements and averages them together within 3 minutes. When used at home, patients can be confident of their self-monitoring readings and share them with their doctors.



### Why

Heart Arrhythmia is also called irregular heartbeat, may be caused by many different factors, including:

- Coronary artery disease;
- Electrolyte imbalances in your blood;
- Changes in your heart muscle;
- Injury from heart attack;
- Can also occur in "normal, healthy" hearts.

If the pulse rate symbol is shown as "💓" instead of "❤️", this indicates that the monitor has detected an irregular heart beat.

### IRB Technology

- Automatically detect heart arrhythmias during a blood pressure measurement;
- Consistent result in detecting arrhythmia;
- Being able to distinguish between arrhythmias and artefacts;
- Warning signs for users to visit their doctors for more detailed check-ups;
- It does not substitute for a cardiac examination.

### Why 3 Measurements?

The average of three measurements taken within minutes gives a more accurate result of a person's true blood pressure. Blood pressure can fluctuate during minutes making it difficult to chart blood pressure correctly. Medical societies recommend to take at least two readings and average them. AVG technology allows to do this automatically.

### Medical Benefits

- AVG Technology is designed to work efficiently to:
- Provide highly reliable blood pressure results through detailed measurements and careful analysis;
  - Reduce measurement interference, including movements.

# Innovative Technology & Key Features



ForaCare is committed to offering the highest accuracy in producing the latest medical technologies that connect users to the center of their wireless world. With **Bluetooth Smart**, FORA® Diamond Bluetooth integration solutions can improve your TeleHealth services in the areas of Hypertension, Diabetes Mellitus and Obesity.

Bluetooth is a trademark of Bluetooth SIG, Inc.



**Clinically Validated** at ForaCare facilities, according to latest clinical standards and guidelines.



**Reliability You Can Trust**  
Clinically validated in accordance with the revised international protocol of the European Society of Hypertension (ESH-IP2), demonstrating highest accuracy and reliability for self blood pressure monitoring.



**Hospital Grade**  
Clinically validated in accordance with the revised international protocol of the European Society of Hypertension (ESH-IP2), demonstrating highest accuracy and reliability for clinical use by healthcare professionals.



**Greater Accuracy According to New ISO 15197:2013**  
Clinically validated according to new ISO 15197:2013; A promise and commitment of ForaCare to highest quality for diabetes self-care.



**Advanced Superior Sip-In Technology**  
To improve overall test experience and test precision.



**GPRS**  
To sync your measurement results with cloud server instantly without Hub or Gateway. GPRS is standardized by 3GPP as part of the GSM family.



**Innovative Design**  
Smartly designed for those who care about their hearts.



**Comfort Fit**  
A fan-shaped wide range cuff, ergonomically designed to fit naturally on various arm sizes.



**Simple Operation**  
The One Button operation provides blood pressure and heart rate in a single display.



**LCD Backlight**  
The LCD display enables patients to easily read test results in any level of light, whether in a brightly lit room or at night.



**200 Result Memory**  
Record up to 200 test results automatically for test tracking and trend analysis.



**Mobile Health**  
iFORA BP, a blood pressure tracking app makes it simple to stay connected while monitoring blood pressure. Connect to iFORA BP on Apple Store and Google Play. On **Apple Store** and **Google Play**.



**iFORA BP**  
Available on the **App Store** and **Google play**

# Blood Pressure Monitoring System

## FORA® Diamond CUFF BP



FORA® Diamond CUFF BP is the world's first stand alone blood pressure monitor with dual mobile platform connectivity. Connect with ForaCare's free blood pressure tracking app, iFORA BP to share on mobile devices and via social media and email. In addition, iFORA BP is an application to facilitate blood pressure records tracking and analysis. It is a user friendly app that helps you manage your blood pressure easier than you can imagine.



**Innovative Design**



**Easy to Use**



**Mobile Health Solution**



Scan the QR code to download the application to your mobile device.

- Bluetooth Connection
- All-in-one Button Operation
- Smart Pumping Feature
- Speedy Measurement
- 200 Memory Capacity with Date & Time
- Wide Range (Medium and Large) Comfort Cuff



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